

How to take your



RESCRIPTOR

(also called delavirdine)

Nucleoside Analog Reverse Transcriptase Inhibitor (NRTI)

What is Rescriptor? (ruh-SKRIP-tor)

Rescriptor is a strong medicine that can reduce the amount of HIV in your body. Rescriptor fights HIV best when you take it together with one or more other anti-HIV medicines.

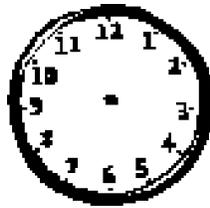
How many pills do I take? And when do I take them?

Each day, take _____ pills every _____ hours.

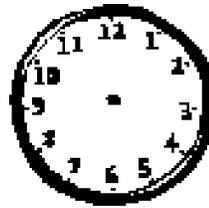
Take your pills at these times EVERY DAY:



Morning



Afternoon



Evening

Important: To be sure there is always enough Rescriptor in your body to fight HIV, take your pills as close to these times as possible. And be sure to take the right number of pills each time.

Special Instructions for taking Rescriptor:

- If you are taking an **antacid** (such as TUMS or Maalox), DO NOT take it at the same time as you take



Rescriptor. Take the antacid **at least one hour before** or **one hour after** you take Rescriptor.

- If you are taking **ddI**, DO NOT take it at the same time as you take Rescriptor. Take the ddI at least **one hour before** or **one hour after** you take Rescriptor.

What if I forget to take my pills on time?

- When you notice that you missed a dose, take your pills right away.

Then, for your NEXT DOSE:

- **If your next planned pill-taking time is four or more hours away,** take your next dose at the planned time.
- **If your next planned pill-taking time is less than four hours away,** DO NOT take your next dose at the planned time. Instead, wait four hours and then take your next dose.

If you forget more than two doses in a week, call your doctor or nurse to talk about what to do.



What should I do if I have side effects?



Some people who take Rescriptor have side effects (unwanted effects of the medicine). The most common side effect of Rescriptor is a rash.

If you have a rash or other side effects:

- Call your doctor or nurse. They may have ways to relieve your side effects.
- DO NOT take fewer pills or stop taking your pills. Talk to your doctor first.
- Try the ideas in the tip sheet, “Coping with Side Effects”.



What are the medicines I should NOT use now that I’m taking Rescriptor?

Some medicines don’t mix well with Rescriptor. Taking Rescriptor when you are using these medicines could make you very sick or cause the medicines not to work.



Your doctor knows which medicines are safe to take with Rescriptor and which are not. **Be sure you have told your doctor about ALL the medicines you are taking.** This includes:

- medicines prescribed to you by a doctor
- medicines you can buy without a prescription
- herbal medicines
- street drugs

Call your doctor or nurse if:



- you have questions about how to take Rescriptor
- you are being bothered by side effects
- you feel like stopping or taking less Rescriptor
- you are having trouble taking Rescriptor on time
- you want to start taking ANY medicine you are not now taking.

DON'T FORGET: You can still spread the virus.

The anti-HIV medicines you are taking can help you stay healthier longer. But they do not cure HIV. To avoid passing HIV to others:
Practice safe sex. Don't share needles or syringes.

*Developed by John Snow, Inc. and JSI Clinical Research. Boston, MA, 1998; updated in 2001.
This document may be reproduced for educational purposes, provided it is used in its entirety and appropriate credit is given.*

