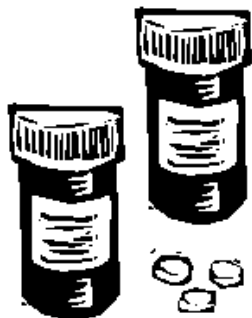


# How to take your

# TRIZIVIR



*(Also called AZT plus 3TC plus Abacavir)*

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Nucleoside Analog Reverse Transcriptase Inhibitor (NRTI)

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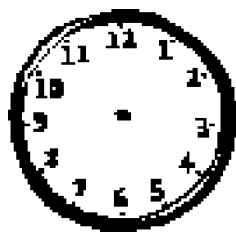
## What is Trizivir? (TRY-zih-veer)

Trizivir is a strong medicine that can reduce the amount of HIV in your body. Trizivir mixes three anti-HIV medicines (AZT, 3TC, and Abacavir) in one pill to make the medicines easier to take. Trizivir fights HIV best when you take it together with one or more other anti-HIV medicines.

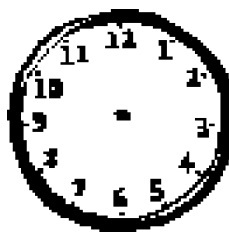
## How many pills do I take? And when do I take them?

Each day, take \_\_\_\_\_ pills every \_\_\_\_\_ hours.

Take your pills at these times EVERY DAY:



*Morning*



*Evening*

**Important:** To be sure there is always enough Trizivir in your body to fight HIV, take your pills as close to these times as possible.

## Special Instructions for taking Trizivir:

- It's your choice: You can take Trizivir while you eat a meal or snack, OR you can take it without food.
- If you feel sick to your stomach, it may help to take Trizivir while you eat a meal or snack.

## What if I forget to take my pills on time?

- If you are more than \_\_\_\_ hours late, or if you have missed more than one dose, call your doctor or nurse.



## What should I do if I have side effects?

Some people who take Trizivir have side effects (unwanted effects of the medicine).

Possible side effects include:

- headaches
- feeling sick to your stomach
- feeling tired
- allergic reaction to Abacavir
- flu-like symptoms



### If you have these or other side effects:

- Keep in mind that most side effects go away in a few days or weeks.
- Call your doctor or nurse. They may have ways to relieve your side effects.
- DO NOT take fewer pills or stop taking your pills. Talk to your doctor first.
- Try the ideas in the tip sheet, *“Coping with Side Effects”*.

**Important:** Some side effects of Trizivir (such as blood problems) can only be discovered by lab tests done by a doctor or nurse. So be sure to go to all your doctor’s visits.



### What are the medicines I should NOT use now that I’m taking Trizivir?

Some medicines don’t mix well with Trizivir. Taking Trizivir when you are using these medicines could make you very sick or cause the medicines not to work.



Your doctor knows which medicines are safe to take with Trizivir and which are not. **Be sure you have told your doctor ALL the medicines you are taking.** This includes:

- medicines prescribed to you by a doctor
- medicines you can buy without a prescription
- herbal medicines
- street drugs

## **Call your doctor or nurse if:**



- you have questions about how to take Trizivir
- you are being bothered by side effects
- you feel like stopping or taking less Trizivir
- you are having trouble taking Trizivir on time
- you want to start taking ANY medicine you are not now taking.

## **DON'T FORGET: You can still spread the virus.**

The anti-HIV medicines you are taking can help you stay healthier longer. But they do not cure HIV. To avoid passing HIV to others:  
Practice safe sex. Don't share needles or syringes.

*Developed by John Snow, Inc. and JSI Clinical Research. Boston, MA, 1998; updated in 2001.*

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